

Schedule

Friday, April 1

8-11:00pm Welcome Dance  
Lower Gym

Saturday, April 2

Basic/Intermediate Classes in Lower Gym  
Advances Classes in Upper Gym

8:45am Registration  
9:00am Warm-up & First Class  
10:30am Break  
10:45am Second Class  
12:00pm Lunch, Lower Gym

1-2:30pm Ball Review, Elementary Hall

7:15pm Reception, Lower Gym

8:00pm A Capital Ball, Upper Gym

Sunday, April 3

10:00am Potluck Brunch  
At the home of John & Joan MacLeod

Directions for the Sunday Brunch will be distributed at the Ball

For more information please contact  
A Capital Weekend's 2005Co-Chairs  
Jenn Mayrovitz (410) 381-3948  
Email: jmayrovitz@verizon.net

Vicki Platz (301) 540-0661  
Email: vplatz@bechtel.com

Or visit our web site at:  
www.capitalweekend.org

Dance Programs

A tea will take place midway through each program.

Welcome Dance

Devised by Ellen Ternes

Bev's Delight	32J3, The Devil's Quandary
The Braes of Tuillemet	32S3, Book 7
Diamond Quarrie	32R3, Dunsmuir
Pelorus Jack	32J3, Book 41
The Village Reel	32S2, Book 20
Sleepwalking	32R3, K. Giacoletti
~Break~	
Miss Hadden's Reel	32J3, Book 23
Fair Donald	32S3, Book 29
Blue Bonnets	32J2, Book 3
Balquidder Strathspey	32S3, Book 24
Catch the Wind	32H3, Island Bay Collection
Duke of Perth	32R3, Book 1

A Capital Ball

Devised by Margaret Grandine

EH3 7AF	32J3, Book 40
Scotland's Gardens	32R3, Goldring leaflet
Castle in the Glen	32S3, Southern Cross
Over the Water to Charlie	32J3, Book 34
The Robertson Rant	80S4 (square set), Book 39
Shiftin' Bobbins	32R3, Ormskirk Book 6
Ellie's Jig	32J3, Slip Knot Collection
Gypsy Weaver	32S3, Peet leaflet
Lady Susan Stewart's Reel	32R3, Book 5

~Break~

Well Done Jack	32J3, Book 29
The Kenora Reel	32H3, Bankhead Book Part 2
Alltshellach	32S2, Book 23
The Falls of Rogie	32R3, Alexander Book 1
The Minister on the Loch	32S3 (set), 24 Graded and Social Dances
Fair Jenny's Jig	32J3, Wallace leaflet
The De'il Amang the Tailors	32R3, Book 14

Directions

From all points north: Take I-95 SOUTH to I-495 WEST to Bethesda. Or I-270 SOUTH to I-495 EAST to Bethesda. Go SOUTH on Wisconsin Ave. (MD 355) about 4-5 Miles. The National Cathedral School is on the left at the corner of Wisconsin Avenue and Woodley Road.

From all points south and west: Take I-95 NORTH or I-66 EAST to I-495 NORTH and continue across the Potomac River into Maryland. Take River Road EAST 5.1 miles. Turn RIGHT onto Wisconsin Ave and go SOUTH for about a mile. The National Cathedral School is on the left at the corner of Wisconsin Avenue and Woodley Road.

Occasionally, The National Cathedral has a special event that can make finding a parking space difficult. You may want to plan on arriving early.

For additional information, including Dance Programs, Cheat Sheets, Maps and directions, see our web site, [www.capitalweekend.org](http://www.capitalweekend.org)

Accommodations

If you are coming from out of town and would prefer to stay with a fellow dancer (rather than a hotel) please email jmayrovitz@verizon.net before March 13, 2005, and write "Hospitality request" on the subject line. Also, a list of local hotels/motels with approximate prices can be sent upon request. Just check the appropriate space on the registration form.

A Capital Weekend 2005 Registration

Name(s)			
Address			
City		State	Zip
Phone		Email	
Number Attending	Intermediate & Advanced	Basic*	
_____	Friday Night		
_____	Welcome Dance	\$15	\$10
_____	Saturday Classes	\$20	\$10
_____	Ball Review	Free	Free
_____	Saturday Ball**	\$25	\$15
_____	Sunday Brunch	Free	Free
_____	All of the Above		
_____	Before 3/13/05	\$55	\$35
_____	All the Above		
_____	After 3/13/05	\$60	\$35

\*Basic: 6-12 months experience

\*\*Includes Pre-Ball Reception and Afters Party

\_\_\_\_\_ Saturday Lunch \$7

Total Enclosed \$\_\_\_\_\_

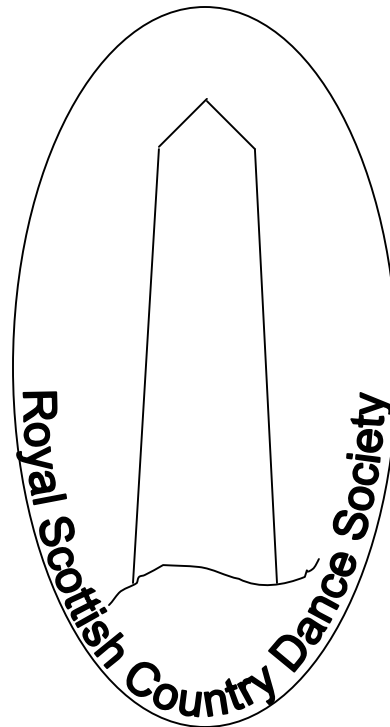
\_\_\_ I would like a list of area hotels/motels  
\_\_\_ I would like Cheat Sheets  
(include a self-addressed, stamped envelope.)

Please make checks payable to "A Capital Weekend" and mail with Registration form to:

Jenn Mayrovitz  
6565 Fruitgift Place  
Columbia, MD 21045

**A Capital Weekend  
2005**  
C/O Jenn Mayrovitz  
6565 Fruitgift Place  
Columbia, MD 21045

The Washington Branch of the  
Royal Scottish Country Dance  
Society  
Invites You to  
**A  
Capital  
Weekend!**



**April 1-3, 2005**  
On the Grounds of  
The National Cathedral School  
Washington, D.C.

## **A Capital Weekend 2005**

The Washington Branch of the RSCDS is proud to announce the 14<sup>th</sup> annual *Capital Weekend* at the National Cathedral School April 1-3, 2005!

### **Teachers**

#### **Elaine Brunken, Laurel, Maryland**

I was born along time ago, or so it seems, in Falkirk, Scotland. I trained as a Phys. Ed. teacher, majoring in dance, at DCPE in Edinburgh. I taught PE and Health for 4 years, prior to my immigration to the USA in 1978 (I told you it was a long time ago). I learned to dance when I was about 4, in my mum's class, I learned at a very young age, that if I went dancing, I got to stay up late. *A very good practice for the dance weekends to!* I teach regularly in Northern Virginia and on occasion in the Washington D.C. branch. I was co-tutor for the teacher candidates class in the D.C. area for the last four exam tours, and have taught many workshops in North America and Canada. I love the magic moments in dancing, when the phrasing, the music and the movement come together. It doesn't happen often, but when it does... WOW! I like to emphasize ALL aspects of technique, not JUST the footwork. In my other life, I manage a team of systems analysts. I have two, grown children (21 and 18), and 3 cats. A lover of red wine, old movies, good books and singing, there just isn't enough time to do it all... but I try.

#### **Martin E. Mulligan, Newfoundland, Canada**

Born in Glasgow, I started Scottish Country Dancing with Barbara Little's Harvard University class in 1977. I danced with the Boston Branch Cambridge class, and with the Boston Branch Demonstration Team until 1981. Since leaving Boston, I have danced with the Pittsburgh Scottish Country Dancers, the Loch Michigan Scottish Country Dancers (which became the Chicago Branch in 1986), and, since 1988, I have lived, danced and taught in St. John's, Newfoundland. I passed my Preliminary Test in Boston the Spring of 1981, and my Teacher's Certificate at the TAC Class in St. Catherine's in 1986. I have taught Scottish Country Dance weekend workshops in Madison, Chicago, Charlottetown, Halifax, Pictou, Montreal, Moncton and Adelaide. I have been on the teaching staff at Pinewoods, Scottish Camp at Mendocino, and the 2002 Australian Winter School in Sydney. In real life, I'm a molecular biologist and Head of the Biochemistry Department at Memorial University of Newfoundland.

## **Musicians**

**Welcome Dance: Terpsichore  
Liz Donaldson, Elke Baker, & Ralph Gordon**

**The Capital Ball: Thistle House  
Dave Wiesler, David Knight, & Dan Emery**

U.S. National Scottish Fiddle Champion **Elke Baker** has played all over North America and in places as far-flung as Japan, West Africa, and Scotland, as well at the Kennedy Center in her hometown of Washington, D.C. Elke is a faculty member at the Washington Conservatory of Music, where she teaches history and performance of Celtic music.

**Liz Donaldson** plays piano and accordion and is known for her innovative back-up style incorporating exciting rhythms, textures, and harmony lines in her music. She plays regularly for Scottish, English and American contra dances. Her music travels have taken her across the U.S. as well as to Great Britain, Canada and Japan.

**Dan Emery** has been playing bagpipes for 26 years. He is a frequent performer at Pinewoods and Scottish weekend. He is the current Pipe Major of the Cameron Highlanders Pipe Band in the Philadelphia area. Dan also plays the wooden flute, Scottish small pipes, and has been know to torture a fiddle every now and then.

**Ralph Gordon** (bass and cello) is a classically trained musician educated at West Virginia University and the Manhattan School of Music. He played for many years with the innovative folk band Trapezoid, and his skills span a wide range of musical styles from chamber music to big band swing.

**David Knight** has been instigating dance up and down the East Coast and beyond since 1991, primarily in the Scottish, American, English, and Irish dance traditions. He also veers regularly into composition, performance, and recording. He doesn't remember how long he has played with Thistle House, but wishes it were longer.

**Dave Wiesler** has a national reputation for his rhythmic and innovative piano playing. His concerts include several major venues, including the Kennedy Center, and the Honolulu Academy of Arts. Dave has played at festivals and camps across the country as well as in Canada, Scotland, and England. He is a prolific composer of tunes and songs.