Schedule

Friday, April 13

8-11:00pm Welcome Dance Lower Gym

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Saturday, April 14

Basic/Intermediate Classes in *Lower Gym* Advanced Classes in *Upper Gym*

8:45am 9:00am 10:30am 10:45am 12:00pm	Registration Warm-up & First Class Break Second Class
1-2:30pm	Lunch, Lower Gym Ball Review, Lower Gym
7:15pm 8:00pm	Reception, <i>Lower Gym</i> A Capital Ball, <i>Upper Gym</i>

Sunday, April 15

10:00am	Potluck Brunch
1:00 – 2:30pm	Ladies' Step Class, NIH
3:00 – 5:00pm	Taught by Norah Link Teachers' Workshop, <i>NIH</i>
•	Taught by John Middleton

The teachers' workshop is open to all who teach SCD and those pursuing their Level 1 certification.

Address and directions with maps for the Sunday brunch and specialty classes will be distributed at the Ball

For more information please contact:

Jenn Mayrovitz

Phone: (410) 381-3948

E-mail: jmayrovitz@verizon.net

Ralph Stoddard

E-mail: caberfei@hotmail.com

Or visit our web site at: www.capitalweekend.org

Dance Programs

A tea will take place midway through each program.

Welcome Dance

Devised by Jay Andrews and Yvonne Y. Yang

3213 Book 29

32J3, Happy to Meet

32R3, Book 14

Well Done Jack

The Mad Hatter

Well Dolle Jack	32J3, DOOK 29			
Balquidder Strathspey	32S3, Book 24			
Round Reel of Eight	88R4 sq., Book 27			
Ellie's Jig	32J3, Slip Knot Coll.			
The Gentleman	32S3, Book 35			
Sleepy Maggie	32R3, Book 11			
~ Break ~				
EH3 7AF	32J3, Book 40			
Seann Triubhas Willichan	32S2, Book 27			
Catch the Wind	32H3, Book 45			
The Fiddler of Dooney	32J3, Between the Rivers			
The Braes of Breadalbane	32S3,Book 21			
The Reel of the Royal Sco	ts 32R3, Leaflet			

A Capital Ball

Devised by Jenn Sawin

32S3, Book 33				
32R3, Between the Rivers				
32J3, Book 35				
80S4 sq., Book 39				
32R3, Book 1				
32S3, Book 9				
His Mother 32R3, MMM 1				
~ Break ~				
32J3, 14 Social for 2000				
32R5, Between the Rivers				
nan 32S3, Book 30				
th 32J3, Glendarroch				
32H3, Book 24				
32S3 set, Dunedin 3				
32J3, Book 35				

Peter Walker (piper) will play for the Grand March at **A Capital Ball**

The De'il Amang the Tailors

Between the Rivers, a book of locally devised dances, will be available at Capital Weekend. Proceeds from sales go towards a scholarship fund.

Directions

From all points north: Take I-95 SOUTH to I-495 WEST to Bethesda. Or I-270 SOUTH to I-495 EAST to Bethesda. Go SOUTH on Wisconsin Ave. (MD 355) about 4-5 Miles. The National Cathedral School is on the left at the corner of Wisconsin Ave and Woodley Rd.

From all points south and west: Take I-95 NORTH or 1-66 EAST to 1-495 NORTH and cross the American Legion Bridge into Maryland. Take River Rd EAST 5.1 miles. Turn RIGHT onto Wisconsin Ave and go SOUTH for about a mile. The National Cathedral School is on the left at the corner of Wisconsin Ave and Woodley Rd.

Alternate route from the south: Take I-395 NORTH to cross the Memorial Bridge into DC. From the Lincoln Memorial Cir, bear RIGHT onto the Rock Creek Pkwy NORTH. Exit at Massachusetts Ave and turn LEFT. Turn RIGHT onto Wisconsin Ave. The National Cathedral School is on the right at the corner of Wisconsin Ave and Woodley Rd.

Occasionally, The National Cathedral has a special event that can make parking difficult. You may want to plan on arriving early.

For additional information, including dance programs, cheat sheets, maps and directions, see our web site, www.capitalweekend.org

Accommodations

If you are coming from out of town and would prefer to stay with a fellow dancer (rather than a hotel) please e-mail jmayrovitz@verizon.net before March 16, 2007, and write "Hospitality request" on the subject line. Also, a list of local hotels/motels with approximate prices can be sent upon request. Just check the appropriate space on the registration form.

A Capital Weekend 2007 Registration

Name(s)			
Address			
City	State		
Phone	Email		
Number	Intermediate		
Attending	& Advanced	Basic*	
Friday Night			
Welcome Danc	e \$15	\$10	
Saturday Classe	es \$25	\$15	
Ball Review	Free	Free	
Saturday Ball*	* \$25	\$15	
Sunday Brunch	Free	Free	
All of the Abov	ve .		
Before 3/30/07	\$60	\$40	
All the the Abo	ve		
After 3/30/07	\$65	\$40	
	nonths experience		
*Full-time studen			
**Includes Pr	e-Ball Reception		
Ladies' Step Cl			
Teachers' Work	sshop \$10)	
Saturday Lunch	\$10	0	
Total Enclosed	\$		

__ I would like a list of area hotels/motels
I would like cheat sheets

(include a self-addressed, stamped envelope.)

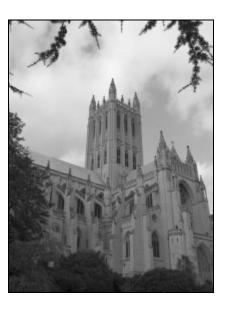
Please make checks payable to "A Capital Weekend" and mail with registration form to:

Jenn Mayrovitz 6565 Fruitgift Place Columbia, MD 21045 A Capital Weekend 2007
C/O Jenn Mayrovitz 6565 Fruitgift Place Columbia, MD 21045

The Washington Branch of the Royal Scottish Country Dance Society

Invites You to

A Capital Weekend!



April 13-15, 2007

On the Grounds of The National Cathedral School Washington, D.C.

A Capital Weekend 2007

The Washington Branch of the RSCDS is proud to announce the 16th annual *Capital Weekend* at the National Cathedral School, April 13-15, 2007!

Teachers

Norah Link, Montreal, PQ, Canada

Norah Link began dancing as a social pastime and welcome break from studying while at University, where she studied ballroom, ballet and ballet-jazz. She started Scottish Country Dancing in 1986, and since then has also enjoyed Scottish Step Dancing. Norah has been teaching Scottish Country Dance since 1993, and she earned her RSCDS Teacher Certificate in 1998 after studying with Elinor Vandegrift at the TAC Summer School Candidate Class.

Norah has formerly competed as a premier-level Highland dancer, and holds an Associate membership in the British Association of Teachers of Dancing (Highland Branch). She has taught workshops in Scottish Country Dancing in Ontario, New Hampshire, Newfoundland, and at Pinewoods Dance Camp (near Plymouth MA); and in Scottish Ladies' Step Dancing at Albany NY and at Pinewoods.

Norah loves all aspects of SCD, including the music and spirit of the dance, the intricate patterns we make as we dance, and its special sociability - the fun, and the graces.

Norah will teach a Sunday afternoon Ladies' Step Class.

John Middleton, Hamilton, ON, Canada

John was born in Scotland, and at the age of 9 he was hauled off, literally, to Scottish Country Dance classes. His eloquent pleas for mercy were totally ignored by his very Scottish mother who informed him in no uncertain terms that, as she had already paid the half-guinea for his initiation into this aspect of Scottish culture, HE WAS GOING and that was that!!!

In 1959, he started his professional teaching career in Hamilton, Ontario. He received his Prelim Certificate in September 1961 and Teacher's Certificate in October 1961. Yes, both parts within 6 weeks (Miss Milligan was the examiner in both cases).

Since obtaining his certificate, he has taught Branch classes at all levels and has been fortunate to have been invited to teach at workshops throughout North America.

He has also taught weeklong schools at all levels for TAC; for Thistle School of Country Dance in North Carolina; and for the Australian Winter School.

To John, one of the most rewarding assignments has always been the tutoring of Candidate Classes, which he have done for TAC; for Thistle School; for both the Hamilton and Buffalo Branches and for Tokai Branch in Japan. His greatest hope is that he has been able to pass on some of the tremendous pleasure and fun that he has found in SCD to all those with whom he has come in contact. He considers SCD a great, great game and hopes that it is one that will survive the trials of change, politics, and time.

John will teach a Sunday afternoon Teachers' Workshop.

Musicians

It is our pleasure to have performing for both the Welcome Dance and the Capital Ball:

TERPSICHORE Elke Baker, Liz Donaldson & Ralph Gordon

U.S. National Scottish Fiddle Champion **Elke Baker** has played all over North America and in places as far-flung as Japan, West Africa, and Scotland, as well at the Kennedy Center in her hometown of Washington, D.C. Elke is a faculty member at the Washington Conservatory of Music, where she teaches history and performance of Celtic music.

Liz Donaldson plays piano and accordion and is known for her innovative back-up style incorporating exciting rhythms, textures, and harmony lines in her music. She plays regularly for Scottish, English and American contra dances. Her music travels have taken her across the U.S. as well as to Great Britain, Canada and Japan.

Ralph Gordon (bass and cello) is a classically trained musician educated at West Virginia University and the Manhattan School of Music. He played for many years with the innovative folk band Trapezoid, and his skills span a wide range of musical styles from chamber music to big band swing.